

		MONDAY			TUESDAY	
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3
4:00pm - 5:00pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice
5:00pm - 6:00pm	Silks 2 Caroline Calouche (Sara Kellam Assist) Ages 9 - 12	Lyra 1 and 1B Kim Melohn Ages 12+	Breakdancing 2 Matt Sanchez Ages 10+	Cyr Wheel Sergii Kudriavtsev Ages 11+ 9 max	Open Practice	Trapeze 1 Kaila Rhyne Ages 6 - 9
6:10pm - 7:10pm	Contemporary Dance 2+ Caroline Calouche Ages 13+	Silks 2 Kim Melohn Ages 10+	Breakdancing 1 Matt Sanchez Ages 8+	Acrobatics 2 and 3 Tumbling and Handbalancing Carlos Alexis Cruz Aqes 10+	Aerial Straps Sergii Kudriavtsev Ages 12+	Trapeze 1B and 2 Kaila Rhyne (Maya Anavim Assist) Ages 10+
7:20pm - 8:20pm	Silks 3 Caroline Calouche (Sophia Maggio Assist) Ages 13+	Kir (Matt Sa	s 1 and 1B n Melohn anchez Assist) jes 9 - 12	Partner Acrobatics Level 3+ Carlos Alexis Cruz Ages 12+	Acrobatics Level 1 and 2 Sergii Kudriavtsev Ages 10+	Trapeze 1 Kaila Rhyne Ages 10+
	-			Tap Kaila Rhyne 10+		

	WEDNESDAY		THURSDAY			
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3
4:00pm - 5:00pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice
5:00pm - 6:00pm	Contemporary Dance 1 Nicole Muse-Dennis Ages 8+	Silks 1 & 1B Kaila Rhyne Ages 6 - 9	Lyra 2 - 3 Sarah Small Ages 9 - 12	German Wheel All Levels Caroline Calouche Ages 10+	Silks 4 Kim Melohn Ages 13+	Youth Hip-hop TBA Ages 9 - 12
6:10pm - 7:10pm	CC&DC Student Company Rehearsal 6:10pm - 8:20pm	Silks 1 and 1B Sarah Small Ages 6 - 9	Partner Acrobatics 1 & 2 Nicole Muse-Denis (Mahalia Esposito Assist) Ages 10+	Dance Trapeze 2 - 3 High Intensity Caroline Calouche	Silks 1 Kim Ages 10 - 14	Teen Hip-hop TBA Ages 13+
7:20pm - 8:20pm		Aerial Taster Sarah Small Ages 9+	g	Duo Trapeze Caroline Calouche	Flexibility Kim Melohn Ages 10+	Open Practice
		-		Open Practice	Contortion Add-on to Flex Kim Melohn 8:20pm - 8:50pm	Open Practice

		SATURDAY	
	STUDIO 1	STUDIO 2	STUDIO 3
9:00am - 10:00am	Ballet Phillip McRorie Ages 9+	Silks 1 & 2 Jadia Rorie (Sophia Maggio Assist) Ages 6 - 9	Open Practice
10:10am - 11:10am	Jazz Phillip McRorie Ages 10+	Silks 1 & 2 Jadia Rorie Ages 6 - 9	Open Practice
11:20am - 12:20am	Open Practice	Silks 1 and 1B Jadia Rorie Ages 9+	Open Practice

Rec	
Ages	6 - 9
Ages	10+ (medium intensity)
Ages	10+ (strong intensity)
Ages	9 - 12 (medium intensity)
Ages	9 - 12 (strong intensity)
Ages	13+ (medium intensity)
Ages	13+ (strong intensity)